HIV Prevention, care and support project for high risk groups in Kampala and Mukono

- The project is being implemented in the hard to reach street and slum areas of (Rubaga and Kawempe Divisions) Kampala District and Mukono Town Council in Mukono District
- The interventional duration is two years (2008 and 2009)
- The direct beneficiaries include: young people within the ages of 10 to 24 years; out of school, in-school, engaging in commercial sex work, teenage mothers, and have been affected by alcohol, drug abuse and HIV/AIDS in one way or another.
Data on risky behaviours engaged in by the young people received at the UYDEL centre in Masooli 2008-2009

<table>
<thead>
<tr>
<th>Category</th>
<th>Female</th>
<th>Male</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commercial sex work</td>
<td>282</td>
<td>198</td>
<td>480</td>
</tr>
<tr>
<td>HIV positive</td>
<td>20</td>
<td>7</td>
<td>27</td>
</tr>
<tr>
<td>Street Children</td>
<td>10</td>
<td>60</td>
<td>70</td>
</tr>
<tr>
<td>Domestic Workers</td>
<td>486</td>
<td>66</td>
<td>552</td>
</tr>
<tr>
<td>Teenage Mothers</td>
<td>35</td>
<td>-</td>
<td>35</td>
</tr>
<tr>
<td>Trafficked cases</td>
<td>282</td>
<td>198</td>
<td>480</td>
</tr>
<tr>
<td>Orphans</td>
<td>246</td>
<td>126</td>
<td>372</td>
</tr>
</tbody>
</table>
A graph showing the number of young people received at the UYDEL Masooli Centre with alcohol and drug abuse related problems (2008 – 2009)
Alcohol and Drug abuse

- Street and slum young people increasingly hooked.
- Are at higher risk because many of limited survival skills.
- Advertising targeting young people
- Cheap & readily available drugs/alcohol-tot packs
- Peer influence/pressure
- Bad examples from adults
- Poor law enforcement
Alcohol sachets in Uganda
TUSKER
Project Gnome
LIVING THE DREAM
VOTE YOUR FAVOURITE CONTESTANT
SEND TO:
E.TUSKER P.O.B510
E.TUSKER P.M.B 22
E.TUSKER P.O.B 22

ENTRY IS RESTRICTED TO PERSONS OF 21 YEARS AND ABOVE.
PROOF OF IDENTIFICATION REQUIRED.
ALCOHOL MAY NOT BE SOLD TO PERSONS UNDER 18.
EXCESSIVE CONSUMPTION OF ALCOHOL IS HARMFUL TO YOUR HEALTH.

Over 40 years of making

Housing Finance
Alcohol, drug abuse and HIV/AIDS cont’d

- Alcohol is one of the drivers of the HIV epidemic 6% (1,936) of women and 2% (595) of men in the age group of 12-24 years, had unprotected sex under influence of alcohol 12 months preceding the survey UDHS 2006).

- Project beneficiaries report use of alcohol and drugs in karaoke, discos, bars/lodges, brothels streets and bazaars.
Alcohol/drug abuse and HIV/AIDS

- ABC not effective strategy for HIV prevention among alcohol/drug abusers due to impaired thinking.
- Rape and defilement are very common and the majority of the offenders commit the offences under the influence of alcohol and drugs.
- Alcohol contributory factor to engage in cross generation and transactional sexual relationships.
- Interferes with immunity and drug effectiveness (ART)
- The starting point of inter-generation sexual relationships is usually an invitation for a meeting over a glass of wine or bottle of beer
UYDEL Intervention model for Slum Children-2008

Prevention
- Awareness
- Peer Educators
  - Staff orientations/Capacity Building
  - Networking
  - IEC film shows
  - Drama
- Withdrawal/Rehabilitation
  - Drop-in centre outposts
  - Vocational skills
  - Treatment
  - Care and support
  - Psychosocial support

Child

Policy & Advocacy
- Policy
- Legal
- Research
- Networking
- Law enforcement
- Documentation

After care and follow up
- Resettlement kits
- IGAs
- Startup capital
- Support groups
- Monitoring & evaluation

UYDEL Model
Young people reading the peer to peer guide developed by UYDEL
Table showing Vocational skills beneficiaries from 2008 to 2009 at the UYDEL centres

<table>
<thead>
<tr>
<th>Vocational Skill</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Electronics</td>
<td>49</td>
<td>11</td>
<td>60</td>
</tr>
<tr>
<td>Catering</td>
<td>4</td>
<td>41</td>
<td>45</td>
</tr>
<tr>
<td>Plumbing</td>
<td>50</td>
<td>6</td>
<td>56</td>
</tr>
<tr>
<td>Welding</td>
<td>46</td>
<td>0</td>
<td>46</td>
</tr>
<tr>
<td>Hairdressing</td>
<td>6</td>
<td>290</td>
<td>296</td>
</tr>
<tr>
<td>Tailoring</td>
<td>4</td>
<td>104</td>
<td>108</td>
</tr>
<tr>
<td>Carpentry</td>
<td>24</td>
<td>1</td>
<td>25</td>
</tr>
<tr>
<td>Motorbike Mechanics</td>
<td>70</td>
<td>0</td>
<td>70</td>
</tr>
<tr>
<td><strong>Grand Total</strong></td>
<td><strong>253</strong></td>
<td><strong>453</strong></td>
<td><strong>706</strong></td>
</tr>
</tbody>
</table>
Motor bike mechanics class
Plumbing Class
Tailoring class
Hairdressing class
Welding workshop
Young people graduate from UYDEL vocational centre
Graph showing young people followed up after Vocational skills training
UYDEL drama group sensitizing the communities on Alcohol and drug abuse in HIV prevention
Young people enjoy sports as therapy and need to be supported to reach more youth.
Police Officer talks to children at UYDEL centre about legal issues on protection of children and drug/alcohol abuse.
View of classrooms at UYDEL centre in Masooli constructed in 2006
Suggestions for replication

- Use of former and current street youths as mobilisers and peer educators.
- Comprehensive approach to dealing with the vulnerabilities that face street and slum youth. (individual, family and community)
- Alternative survival skills (vocational and life planning skills) for behavioural change and employment
- Community involvement (local leaders, police, Parent, law enforcement, and community organizations) pivotal for networking, referral, follow up and sustainability.
Conclusion

- Drug and alcohol abuse is one of the major drivers of the HIV/AIDS pandemic among young people. If this is not addressed we are likely to see an increase of HIV incidence.
- If young people continue drinking and using alcohol, we are likely to see many future drunk leaders.
- Sign alcohol and drug abuse are one of the root causes of HIV, there is a greater need to focus on it in the HIV prevention package.
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- Mentor Foundation International
- UYDEL staff and young people participating in our program
- And all the Key stakeholders like the partner NGOs/ CBOs, local leaders, District officials and communities
Thank you for Listening and God Bless You All